

# The Easter Example

## 1 Peter 2:21

**TEXT: 1 Peter 2:21 (ESV)**

<sup>21</sup>For to this you have been called, because Christ also suffered for you.

<sup>21</sup>b. because Christ also suffered for you, **leaving you an example, so that you might follow in his steps.**

## 1. The Days of Pain -

**On the Cross Jesus Experienced:**

- A. Physical Pain**
- B. Emotional Pain**
- C. Spiritual Pain**

**Hebrews 4:15 (ESV)**

<sup>15</sup>For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.

**Hebrews 2:18 (ESV)**

<sup>18</sup>For because he himself has suffered when tempted, he is able to help those who are being tempted.

## What do I do in the days of pain?

- 1. Reach out to Friends** - Jesus called his friends close to him. He didn't need a sermon, he didn't need advice, he needed the ministry of presence.

**Matthew 26:36-38 (ESV)**

<sup>36</sup>Then Jesus went **with them** to a place called Gethsemane, and he said to his disciples, "**Sit here, while I go over there and pray.**" <sup>37</sup>And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled.

- 1. Be Open about Your Struggle.**

<sup>38</sup>Then he said to them, "**My soul is very sorrowful, even to death; remain here, and watch with me.**"

**Galatians 6:2 (ESV)**

<sup>2</sup> Bear one another's burdens, and so fulfill the law of Christ.

### 3. Draw Near to God

#### Mark 14:35–36 (ESV)

<sup>35</sup> And going a little farther, he fell on the ground and prayed that, if it were possible, the hour might pass from him. <sup>36</sup> And he said, "Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will."

#### The Gethsemane Prayer

- a. Affirm God's Power - "I know you can do anything"
- b. Express Your Desire - "remove this cup" - cast your care upon him for he cares for you.
- c. Offer Your Trust - "I want your will not mine"

## 2. The Days of Perplexity -

#### Luke 24:1–12 (ESV)

<sup>1</sup> But on the first day of the week, at early dawn, they went to the tomb, taking the spices they had prepared. <sup>2</sup> And they found the stone rolled away from the tomb, <sup>3</sup> but when they went in they did not find the body of the Lord Jesus. <sup>4</sup> While they were **perplexed** about this...

That's the Saturdays of life. Grief, Loss, Disillusionment, Doubt, confusion.

In Days of Perplexity we Experience a Variety of Emotions:

- a. **Second Guessing**
- b. **Self Incrimination**
- c. **Fear**
- d. **Confusion**
- e. **Grabbing at Straws**

#### Matthew 26:31–32 (ESV)

<sup>31</sup> Then Jesus said to them, "You will all fall away because of me this night.

#### Mark 14:27 (ESV)

<sup>27</sup> And Jesus said to them, "You will all fall away, for it is written, 'I will strike the shepherd, and the sheep will be scattered.'

#### Matthew 26:56 (ESV)

<sup>56</sup> ...Then all the disciples left him and fled.

### 3. The Days of Promise -

#### John 16:16, 20–22 (ESV)

<sup>16</sup> “A little while, and you will see me no longer; and again a little while, and you will see me.”

<sup>20</sup> Truly, truly, I say to you, you will weep and lament... You will be sorrowful, but your sorrow will turn into joy.

<sup>21</sup> When a woman is giving birth, she has sorrow because her hour has come, but when she has delivered the baby, she no longer remembers the anguish, for joy that a human being has been born into the world. <sup>22</sup> So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you.

#### 1 Corinthians 15:22–27 (ESV)

<sup>22</sup> For as in Adam all die, so also in Christ shall all be made alive. <sup>23</sup> But each in his own order: Christ **the firstfruits**, then at his coming those who belong to Christ.